

Welcome to Langley Park School for Girls

Information Evening Duke of Edinburgh's Award



There are 3 levels....

Bronze

Silver

Gold

And 4 sections...

Volunteering

Physical

Skills

Expedition



Volunteering

Volunteering is simple. It's about choosing to give time to do something useful without getting paid.

Volunteer **individually** or as **part of a team**.

Examples

- Coaching at a football club
- Being a weekly visitor to an older person
- Raising money for a charity
- Peer mentoring at school
- Youth club leader
- Volunteering at school



Physical

Anything that requires a sustained level of physical energy and involves doing an activity can count – as long as you show interest and improvement over time

They can use a **team sport** or **individual fitness programme**

Examples

- Playing football for a local team
- Dance class such as zumba
- Joining a free running group
- Gym
- Swimming



Skills

Something old, something new – it doesn't matter.

Improve an **existing skill** or develop a **new one**.

Examples

- Learn to draw
- After school drama classes
- Learning a musical instrument
- Learn a new language
- Cooking



Expedition

Planning, training for and completing an adventurous, journey as part of a team.

Bronze: 2 days / 1 night

Practice 25th-26th April

Qualifier 6th-7th June

Both in the Downe area



Expedition

Planning, training for and completing an adventurous, journey as part of a team.

Silver: 3 days / 2 nights

Practice: 4th-6th October in the Dover area

Qualifier – 26th – 29th June in the Peak District (TBC)



Equipment

We have a store of tents, rucksacks, camping mats and Trangia stoves. Some students may have their own which they are welcome to use.

Students are asked to take good care of their equipment as it will be needed by other groups throughout the year.

Students will need their own sleeping bag, waterproof clothing and food. A full kit list will be provided.



Expedition

Bronze award: If we have more than 50 students joining the Award scheme we will use an external organisation to help us deliver the expedition. Ben Bullen Adventures will run a parallel expedition. Same area, same campsite, just with another organisation.





BRONZE

Volunteering **3** months

Physical **3** months

Skills **3** months

PLUS a further 3 months in the Volunteering, Physical or Skills section.

Expedition **2** days **1** night





SILVER

Volunteering **6** months

Physical

one section for
6 months, the
other for 3 months

Skills

Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.

Expedition **3** days **2** nights



Get involved

If your daughter/son wants to join in with the Award all they need to do is....

Y10: Collect a letter from me in assembly in the next week and return it before the end of September.

Y12: Collect a letter from me **tomorrow** and return it on **Wednesday**.

Costs: We've tried to keep costs as low as possible

Bronze: £190

Silver: £220



LPGS Duke of Edinburgh Award Co-ordinators

Mr C Wheeldon - CJW
Miss H Keogh – HK

Any questions?





Langley Park
School for Girls

