

## Briefing for London Healthy Schools Leads on coronavirus

Please find below examples of support, resources, organisations, websites, information and publications for schools, children and young people and their families re support during the coronavirus outbreak. Please do contact us if you need anything:  
healthyschools@london.gov.uk

### Sections:

- GLA information**
- Gov/General Information**
- Data**
- Subject Specific**
- Healthy Eating**
- Physical Activity**
- Emotional Wellbeing and Mental Health**
- PHSE and RSE (inc. Drugs and alcohol)**
- Media Communication**

*We'd also ask all education colleagues to ensure children learning at home know how to access Childline during this time. They can be reached by calling 0800 1111 (9am to midnight)*

### GLA Update

#### 1. The coronavirus information hub on London.gov.uk

<https://www.london.gov.uk/coronavirus>

including specific Mental Health advice

<https://www.london.gov.uk/coronavirus/coronavirus-and-looking-after-your-mental-health>

#### 2. Good Thinking

<https://www.good-thinking.uk/coronavirus/>

### General Information

#### 1. Government information can be found at: <https://www.gov.uk/coronavirus>

The Department of Education have setup a dedicated helpline to answer questions about Coronavirus (COVID-19) related to education. Staff, parents and young people can contact the helpline as follows:

Phone: 0800 046 8687

Email: [DfE.coronavirushelpline@education.gov.uk](mailto:DfE.coronavirushelpline@education.gov.uk)

Opening hours: 8am to 6pm (Monday to Friday)

#### 2. Public Health England

An easy read version of their 'Advice on the coronavirus for places of education'

<https://www.easy-read-online.co.uk/media/53192/advice-on-the-coronavirus-v1.pdf>

#### 3. Guidance for schools, childcare providers, colleges and local authorities in England on maintaining educational provision

[https://www.gov.uk/government/publications/coronavirus-covid-19-maintaining-educational-provision/guidance-for-schools-colleges-and-local-authorities-on-maintaining-educational-provision?utm\\_campaign=11420666\\_Covid-19%20Update%20to%20all%20Cllrs%20%232&utm\\_medium=email&utm\\_source=London%20Councils&dm\\_t=0,0,0,0](https://www.gov.uk/government/publications/coronavirus-covid-19-maintaining-educational-provision/guidance-for-schools-colleges-and-local-authorities-on-maintaining-educational-provision?utm_campaign=11420666_Covid-19%20Update%20to%20all%20Cllrs%20%232&utm_medium=email&utm_source=London%20Councils&dm_t=0,0,0,0)

**AND**

**Closure of educational settings: information for parents and carers**

[https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers?utm\\_campaign=11420666\\_Covid-19%20Update%20to%20all%20Cllrs%20%232&utm\\_medium=email&utm\\_source=London%20Councils&dm\\_t=0,0,0,0,0](https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers?utm_campaign=11420666_Covid-19%20Update%20to%20all%20Cllrs%20%232&utm_medium=email&utm_source=London%20Councils&dm_t=0,0,0,0,0)

**4. Coronavirus (COVID 19): online education resources**

Online educational resources for schools and parents to help children to learn at home.

<https://www.gov.uk/government/publications/coronavirus-covid-19-online-education-resources>

**5. COVID-19: free school meals guidance for schools**

This guidance explains what schools should do to make sure eligible pupils have continued access to free school meals where the pupil is not attending school.

<https://www.gov.uk/government/publications/covid-19-free-school-meals-guidance/covid-19-free-school-meals-guidance-for-schools>

**6. BPS offers advice to schools, parents and carers to help children through the uncertainty of school closures**

<https://www.bps.org.uk/news-and-policy/bps-offers-advice-schools-parents-and-carers-help-children-through-uncertainty>

**7. School Wellbeing Corona Virus Resources**

**For parents/carers**

<https://www.schoolwellbeing.co.uk/resources/634>

and for Teachers

<https://www.schoolwellbeing.co.uk/resources/633>

**8. IHV - NEW resource – Parenting Through Coronavirus (COVID-19)**

The iHV is dedicated to supporting the health and wellbeing of all families and we are putting together links and resources from trusted organisations and websites to support you during the COVID-19 pandemic. We will be developing and adding new resources to support families over the coming months, during the COVID-19 outbreak and beyond.

<https://ihv.org.uk/news-and-views/news/new-parenting-through-coronavirus-covid-19/>

**AND**

**NHS guidance – COVID-19 Prioritisation within Community Health Services**

<https://ihv.org.uk/news-and-views/news/nhs-guidance-covid-19-prioritisation-within-community-health-services/>

**9. Coronavirus (COVID-19): guidance on vulnerable children and young people**

Questions and answers about the provisions being made for vulnerable children and young people.

[https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-vulnerable-children-and-young-people?wp-linkindex=14&utm\\_campaign=Social\\_care\\_coronavirus\\_weekly\\_&utm\\_content=dhsc-mail.co.uk&utm\\_medium=email&utm\\_source=Department\\_of\\_Health\\_and\\_Social\\_Care](https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-vulnerable-children-and-young-people?wp-linkindex=14&utm_campaign=Social_care_coronavirus_weekly_&utm_content=dhsc-mail.co.uk&utm_medium=email&utm_source=Department_of_Health_and_Social_Care)

**10. Coronavirus (COVID-19): implementing social distancing in education and childcare settings**

Guidance for education and childcare settings on how to implement social distancing.

<https://www.gov.uk/government/publications/coronavirus-covid-19-implementing-social-distancing-in-education-and-childcare-settings>

### **11. How GCSEs, AS & A levels will be awarded in summer 2020**

Ofqual sets out details for schools, colleges, students, parents & carers on how GCSEs and A levels will be awarded following the cancellation of this year's exams.

[https://www.gov.uk/government/news/how-gcse-as-a-levels-will-be-awarded-in-summer-2020?utm\\_source=2660bc3d-22c5-4b35-9d7f-0519c093f3b2&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=immediate](https://www.gov.uk/government/news/how-gcse-as-a-levels-will-be-awarded-in-summer-2020?utm_source=2660bc3d-22c5-4b35-9d7f-0519c093f3b2&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate)

### **12. Coronavirus: information for councils**

Useful information for councils on novel coronavirus (COVID-19).

<https://www.local.gov.uk/our-support/coronavirus-information-councils>

### **13. Coronavirus (COVID-19): financial support for schools**

Guidance on funding available to schools to support them with costs associated with coronavirus (COVID-19).

[https://www.gov.uk/government/publications/coronavirus-covid-19-financial-support-for-schools?utm\\_medium=email&utm\\_source=govdelivery](https://www.gov.uk/government/publications/coronavirus-covid-19-financial-support-for-schools?utm_medium=email&utm_source=govdelivery)

### **14. DfE: Thank you letter to teachers**

[https://content.govdelivery.com/attachments/UKDFE/2020/03/25/file\\_attachments/1410878/Thank%20you%20letter%20to%20teachers.pdf](https://content.govdelivery.com/attachments/UKDFE/2020/03/25/file_attachments/1410878/Thank%20you%20letter%20to%20teachers.pdf)

### **15. NCB: Keeping children safe when schools are closed**

<https://www.ncb.org.uk/news-opinion/news-highlights/keeping-children-safe-when-schools-are-closed>

### **16. Children's minister publishes open letter to children with SEND**

<https://www.ncb.org.uk/news-opinion/news-highlights/childrens-minister-publishes-open-letter-children-send>

### **17. COVID-19 (coronavirus): support for deaf children**

<https://www.ndcs.org.uk/covid-19-coronavirus-support-for-deaf-children/>

### **18. Important information about Covid-19 coronavirus for families with disabled children**

<https://contact.org.uk/advice-and-support/coronavirus-information-for-families-with-disabled-children/>

### **19. COVID-19: guidance for domestic abuse safe accommodation provision**

Information for children and refugees currently in domestic abuse safe accommodation provision

<https://www.gov.uk/government/publications/covid-19-guidance-for-domestic-abuse-safe-accommodation-provision#2020-03-23T14:52:00Z>

### **20. COVID-19: CHILDREN AT HEIGHTENED RISK OF ABUSE, NEGLECT, EXPLOITATION AND VIOLENCE AMIDST INTENSIFYING CONTAINMENT MEASURES**

Unicef newly released technical guidance aims to help authorities strengthen protection measures for children during pandemic

<https://www.unicef.org.uk/press-releases/covid-19-children-at-heightened-risk-of-abuse-neglect-exploitation-and-violence-amidst-intensifying-containment-measures-unicef/>

### **21. Coronavirus (COVID-19): guidance on isolation for residential educational settings**

Guidance to support management of children and young people in residential educational settings, including boarding schools, residential special schools and specialist colleges and children's homes.

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-isolation-for-residential-educational-settings#2020-03-21T14:45:10Z>

## **22. Coronavirus (COVID-19): attendance recording for educational settings**

Link to the online form educational settings should use to submit their record of attendance to DfE and supporting spreadsheet.

<https://www.gov.uk/government/publications/coronavirus-covid-19-attendance-recording-for-educational-settings#2020-03-22T15:21:53Z>

## **23. Gavin Williamson speech on COVID-19 response**

Education Secretary on the Government's response to the outbreak of coronavirus and support for disadvantaged pupils on remote learning

[https://www.gov.uk/government/speeches/gavin-williamson-speech-on-covid-19-response?utm\\_source=bd4b6676-14b5-4359-a8c8-ac7f54bac450&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=immediate](https://www.gov.uk/government/speeches/gavin-williamson-speech-on-covid-19-response?utm_source=bd4b6676-14b5-4359-a8c8-ac7f54bac450&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate)

AND

### **New major package to support online learning**

Education Secretary announces that vulnerable and disadvantaged young people across the country will receive free laptops.

[https://www.gov.uk/government/news/new-major-package-to-support-online-learning?utm\\_source=4e85bd97-1e30-4780-b15f-f697e7553dea&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=immediate](https://www.gov.uk/government/news/new-major-package-to-support-online-learning?utm_source=4e85bd97-1e30-4780-b15f-f697e7553dea&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate)

## **Data**

### **1. LG Inform: COVID-19 Cases Tracker - Quick View**

2 reports which, rather than showing only the current data for authorities, show the data over time. We have also combined the information with population data, to create a rate per 100,000 people (to show the authorities with a bigger **proportion** of their population with coronavirus rather than the biggest absolute number).

<https://lginform.local.gov.uk/reports/view/lga-research/covid-19-case-tracker-area-quick-view-1?mod-area=E09000002>

and

<https://lginform.local.gov.uk/reports/view/lga-research/covid-19-case-tracker>

## Education Resources:

### 1. Educational resources

Every teacher in England access to Twinkl resources with a one-month ultimate membership for free

[www.twinkl.co.uk/offer](http://www.twinkl.co.uk/offer) - code UKTWINKLHELPS

### 2. Kids Art Sport

Making it easier for you to foster your children's creativity through simple and fun art activities you can do at home

<https://www.kidsartspot.com/>

### 3. Adobe Distance Learning and Wellbeing resources for Educators

Whether your school routinely supports distance learning or is facing an unexpected closure, we've assembled these resources and learning opportunities to help educators engage remote students through online learning.

[https://edex.adobe.com/distance-learning/?mc\\_cid=3e38bb8184&mc\\_eid=07bf6a1dd8](https://edex.adobe.com/distance-learning/?mc_cid=3e38bb8184&mc_eid=07bf6a1dd8)

### 4. ERA

Ideas and examples celebrating and promoting the use of broadcast materials in education.

[https://era.org.uk/ideas-guides/?mc\\_cid=3e38bb8184&mc\\_eid=07bf6a1dd8](https://era.org.uk/ideas-guides/?mc_cid=3e38bb8184&mc_eid=07bf6a1dd8)

### 5. Hans and the Gruffalo? LSHTM supporting children's COVID-19 education

The London School of Hygiene & Tropical Medicine (LSHTM) has teamed up with well-known illustrators and publishers to launch an extensive range of free digital COVID-19 educational resources for children.

[https://www.lshtm.ac.uk/newsevents/news/2020/hans-and-gruffalo-lshtm-supporting-childrens-covid-19-education?utm\\_medium=email&utm\\_campaign=Vector%20-%20April%202020&utm\\_content=Vector%20-%20April%202020+CID\\_f6c2fce9990d20579bfc4145694dbd6e&utm\\_source=Study%20Newsletter&utm\\_term=Read%20more](https://www.lshtm.ac.uk/newsevents/news/2020/hans-and-gruffalo-lshtm-supporting-childrens-covid-19-education?utm_medium=email&utm_campaign=Vector%20-%20April%202020&utm_content=Vector%20-%20April%202020+CID_f6c2fce9990d20579bfc4145694dbd6e&utm_source=Study%20Newsletter&utm_term=Read%20more)

## Healthy Eating

### 1. School Food APPG – From Sharon Hodgson

*I wanted to draw your attention to a written question I tabled which has now received a response from the Government. You can find the question and answer [here](#).*

*I am particularly interested in what you think about the claim that “the total value of vouchers offered to each eligible child per week will exceed the rate it pays to schools for free school meals.” What does this mean in practice do you think?*

There is School Food APPG scheduled for Tuesday 28<sup>th</sup> April, 2-4pm

### 2 Food and coronavirus (COVID-19): what you need to know

COVID-19 is an infectious disease caused by a newly discovered coronavirus. There has been a lot of misinformation surrounding the relationship between COVID-19 and food. Here we will address some common questions and concerns.

<https://eufic.org/en/page/food-and-coronavirus-covid-19-what-you-need-to-know>

### 3. Obesity and COVID-19: Policy statement

World Obesity Federation commends the WHO and most governments around the world for their leadership and rapid and comprehensive action to control this pandemic.

<https://www.worldobesity.org/news/obesity-and-covid-19-policy-statement>

#### **4. Food a Fact of Life**

Welcome to the FFL Classroom - our remote learning hub! Between the 30 March and the 1 September 2020, we will be posting activity ideas and resources to support remote learning at home. These are for parents/carers, teachers and pupils!

<https://www.foodafactoflife.org.uk/whole-school/remote-learning/>

#### **5. Making Your £15 Free School Meal Voucher Go Further at Home**

Bite Back 2030 has put together a guide to what you need to know about claiming; a simple shopping list and some easy meal ideas that will hopefully help families.

<https://biteback2030.com/real-story/making-your-ps15-free-school-meal-voucher-go-further-home>

### **Physical Activity**

#### **1. Government supports sport sector response to keep children active during Coronavirus**

Government backs a virtual weekly sport and physical activity digital programme to keep children active during the period of school closures

<https://www.youthsporttrust.org/news/government-supports-sport-sector-response-keep-children-active-during-coronavirus>

#### **2. Free home learning activities for school closures**

Following school closures, to support those looking for ways to **educate**, **entertain** children and keep them **active**, we are making school curriculum-linked resources available for home learning, with no registration.

<https://plprimarystars.com/news/home-learning-activities-school-closures>

#### **3. Activity Alliance**

During this testing time, we remain committed to ensuring disabled people can be and stay active. Our team is here to support your organisation in whatever way we can. We have compiled a few ways you can keep active while at home.

<http://www.activityalliance.org.uk/news/5673-moving-more-while-at-home>

#### **4. British Cycling**

Launched a daily activity calendar to keep kids moving and help them to develop new skills, as millions across Britain adjust to life out of school.

<https://www.britishcycling.org.uk/go-ride/article/20200325-goride-news-We-re-launching-a-daily-activity-to-keep-kids-moving-during-school-shutdown-0>

#### **5. Corona-virus active learning support**

Free fun activities for teachers and parents to keep children happy, healthy and focused imoves have re-purposed our 'imovement' resources to enable active learning at home as well as in the classroom. The imovement is free, and always will be, for you to use with your children aged 4- to 11-years old.

<https://imoves.com/imovement-signup>

#### **6. Disney Dance-a-longs**

This Girl Can is all about celebrating women getting active, no matter how they like to do it. Partnering with Disney and real families across England, we've captured some of the ways mums and kids get moving to the songs they love. You can learn their moves or put your own spin on their routines. At the end of the day, it's about breaking a sweat while having a bit of fun.

<https://www.thisgirlcan.co.uk/activities/disney-workouts/>



## 7. Merton SSP

Merton SSP have been busy planning ways to help children to be active whilst staying safe at home. MSSP will be posting the first of many 'Home PE with MSSP' daily challenges. Each weekday at 8am a new PE challenge will be uploaded for children from Early Years through to Year 6 to have a go at in their living rooms. The activities should be simple enough for all children to have a go but can still be progressed by the children to make them more challenging if they want to. Children will not need a garden or specialist sports equipment to try the activities and they will receive tips on how to improve or adapt the activities.

Individual children will be awarded certificates for their determination and creativity throughout the programme. Although the daily challenge has been set up for Merton Primary schools, the resources will be available for anyone to use at the following links;

<http://www.mertonssp.org.uk/home-pe-mssp>

<https://www.youtube.com/channel/UCDNb44cEWypExRYI26MiVgw>

[@MertonSSP](#)

## 8. Daily Mile

The Daily Mile would like to introduce all families across the UK to The #DailyMileAtHome. It's an easy and fun way to keep fit and maintain good health and wellbeing for you and your children.

[https://thedailymile.co.uk/wp-content/uploads/2020/04/Week3\\_PrintOut.pdf?\\_cldee=Z2VtbWEucm9kZ2Vyc0Bsb25kb24uZ292LnVr&recipientid=lead-375c42e9f7f3e911a811000d3a86b155-16ce21b767f54a8cad1bbf9b3caf5ae6&utm\\_source=ClickDimensions&utm\\_medium=email&utm\\_campaign=%23DMAH&esid=759be6b5-9c75-ea11-a811-000d3a86d7a8](https://thedailymile.co.uk/wp-content/uploads/2020/04/Week3_PrintOut.pdf?_cldee=Z2VtbWEucm9kZ2Vyc0Bsb25kb24uZ292LnVr&recipientid=lead-375c42e9f7f3e911a811000d3a86b155-16ce21b767f54a8cad1bbf9b3caf5ae6&utm_source=ClickDimensions&utm_medium=email&utm_campaign=%23DMAH&esid=759be6b5-9c75-ea11-a811-000d3a86d7a8)

## Emotional Wellbeing and Mental Health

### 1. Anna Freud

[Supporting schools & colleges: A guide to supporting](#) the mental health and wellbeing of pupils and students during periods of disruption There are also three videos, on e [school staff](#), one for [parents](#) and one for [children and young people](#) which may be useful.

### 2. Mentally Healthy Schools

Responding to the coronavirus: resources for mental health and wellbeing

[https://www.mentallyhealthyschools.org.uk/media/1960/coronavirus-mental-health-and-wellbeing-resources.pdf?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=coronavirus&utm\\_content=toolkit](https://www.mentallyhealthyschools.org.uk/media/1960/coronavirus-mental-health-and-wellbeing-resources.pdf?utm_source=newsletter&utm_medium=email&utm_campaign=coronavirus&utm_content=toolkit)

[NEW TOOLKIT](https://www.mentallyhealthyschools.org.uk/resources/coronavirus-resources-for-mental-health-and-wellbeing-toolkit-2/?utm_source=newsletter&utm_medium=email&utm_campaign=coronavirus2&utm_content=toolkit)

[https://www.mentallyhealthyschools.org.uk/resources/coronavirus-resources-for-mental-health-and-wellbeing-toolkit-2/?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=coronavirus2&utm\\_content=toolkit](https://www.mentallyhealthyschools.org.uk/resources/coronavirus-resources-for-mental-health-and-wellbeing-toolkit-2/?utm_source=newsletter&utm_medium=email&utm_campaign=coronavirus2&utm_content=toolkit)

[NEW TOOLKIT](https://www.mentallyhealthyschools.org.uk/resources/coronavirus-resources-for-mental-health-and-wellbeing-toolkit-2/?utm_source=newsletter&utm_medium=email&utm_campaign=coronavirus2&utm_content=toolkit)

### 3. Coronavirus: Helpful information to answer questions from children

<https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>

### 4. Talking to your child about coronavirus

If your child is worried or anxious about coronavirus, here's our Parents Helpline experts' advice on what you can do.

<https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>

## 5. Good Thinking

A collection of top resources to do with your kids and to help them manage their wellbeing.  
<https://www.good-thinking.uk/collections/top-resources-with-your-children/>

## 6. LGFL: Bereavement Support

Supporting school communities faced with bereavement

At a time of unique challenge for schools and families, many school communities will experience bereavement over the coming months. LGfL and Child Bereavement UK have already created two key resources to help schools in this area:

[https://coronavirus.lgfl.net/bereavement?mc\\_cid=3e38bb8184&mc\\_eid=07bf6a1dd8](https://coronavirus.lgfl.net/bereavement?mc_cid=3e38bb8184&mc_eid=07bf6a1dd8)

## 7. Unicef

How teenagers can protect their mental health during coronavirus (COVID-19)

<https://www.unicef.org/coronavirus/how-teenagers-can-protect-their-mental-health-during-coronavirus-covid-19>

## 8. Children of the Pandemic

Provides a number of recommendations to strengthen our social safety net for families with children and allow children access to essentials like outdoor space and digital access:

- The government should ensure those with full-time caring responsibilities, including parents, can access paid leave through the Coronavirus Job Retention Scheme. It should also introduce a statutory 'right to request' for the 80 per cent wage subsidy up to £2500 a month. This should be accompanied by a clear 'right to return', ensuring they can return to their job without the risk of employer discrimination.
- Welfare: increase the child-related element of UC by £10/week, remove the two-child limit and the benefit cap
- Emergency one-off payment of £30 through child benefit and an ongoing increase of £5 per week for the duration of the crisis
- Broadband installed and devices loaned or donated to children without internet access
- LAs to encourage owners of private green spaces to offer open access for the duration of the crisis.

<https://www.ippr.org/research/publications/children-of-the-pandemic>

## 9. Mentally Healthy Schools transitions ownership to the Anna Freud Centre

Since its launch in March 2018, Mentally Healthy Schools has had over 500,000 site visits. Mentally Healthy Schools provides a unique, evidence-based and unparalleled resource for primary schools. Now that Mentally Healthy Schools has proved to be a success, the Royal Foundation and the founding partner charities, Place2Be, YoungMinds and the Anna Freud Centre have agreed that the Anna Freud Centre would take ownership of the site, ensuring its long-term future. They produce regular toolkits that we send out to schools with resources based on themes relevant to the school calendar. Mentally Healthy Schools is an evolving site which can help transform mental health support in primary schools.

## 10. BPS offers advice to schools, parents and carers to help children through the uncertainty of school closures

The British Psychological Society's Division of Educational and Child Psychology (DECP) has published tips for schools, parents and carers dealing with the unprecedented school closures.

<https://www.bps.org.uk/news-and-policy/bps-offers-advice-schools-parents-and-carers-help-children-through-uncertainty>

## 11. Coronavirus, and helping children with autism

Episode 4 'Autism, a parents guide' with Dr. Ann Ozsivadjian and Dr. Marianna Murin

[https://www.acamh.org/podcasts/coronavirus-autism-a-parents-guide/#163961\\_20200402035654](https://www.acamh.org/podcasts/coronavirus-autism-a-parents-guide/#163961_20200402035654)

## 12. Emotional health and wellbeing support – coronavirus

<http://www.openmindscalderdale.org.uk/category/help-and-support-coronavirus/>



### 13. Healthy Minds online sessions for Secondary schools

The passwords are for your information to pass on to your colleagues/school/staff/families and anyone else you can trust to use appropriately. If anyone would like to know more information, they are welcome to contact us at [info@healthyminds.org.uk](mailto:info@healthyminds.org.uk)

#### Zoom Meeting ID's and access passwords:

Mondays: 2.00 - 2.30 Zoom Meeting ID: 952-6886-6454 Password: 2RyLXp

Wednesdays: 4.00 - 4.30 Zoom Meeting ID: 952-8079-4025 Password: 8eDTma

Fridays: 11.00 - 11.30 Zoom Meeting ID: 974-0008-8091 Password: 0a7wVJ

### 14. How are you feeling?

Hull City Council resources

<https://www.howareyoufeeling.org.uk/coronavirus-resources>

### 15. School Wellbeing Corona Virus Resources

For parents/carers

<https://www.schoolwellbeing.co.uk/resources/634>

and for Teachers

<https://www.schoolwellbeing.co.uk/resources/633>

### 16. Coronavirus: How schools can support children and young people

Support from teachers and school staff is crucial for bereaved children and young people, especially during the coronavirus (COVID-19) pandemic when children are isolated from their usual support networks. Although you probably won't see them face-to-face, there are plenty of ways you can support children and young people during this difficult time.

<https://www.winstonswish.org/coronavirus-schools-support-children-young-people/>

## PHSE and RSE (inc. Drugs and Alcohol)

### 1. DfE update on RSHE curriculum

#### **Holding position from DfE on RSHE**

- . DfE continues to assess the immediate and long-term impact of the Coronavirus on education delivery.
- . DfE is currently prioritising operational decisions in relation to the curriculum. Due consideration is being given to the implementation of Relationships, Sex and Health Education, and the implications for schools.
- . We appreciate that our stakeholders may have questions and concerns and the DfE will provide a further update in due course.
- . The planned regional RSHE roadshows will now not be going ahead before September but consideration will be given to what might be done to support strategic join-up in the system later in the year.

### 2. PSHE Association

Delivering PSHE remotely/during school closure

<https://www.pshe-association.org.uk/guidance-teaching-pshe-remotely>

### 3. Discovery Education: Social Distancing App

<https://www.broadcastingcable.com/news/discovery-education-offers-social-distancing-101-app>

AND

[https://www.youtube.com/watch?v=FRNLBJa8m3I&feature=youtu.be&mc\\_cid=3e38bb8184&mc\\_eid=07bf6a1dd8](https://www.youtube.com/watch?v=FRNLBJa8m3I&feature=youtu.be&mc_cid=3e38bb8184&mc_eid=07bf6a1dd8)

#### 4. Information about the Coronavirus (COVID-19)

[https://e-bug.eu/eng\\_home.aspx?cc=eng&ss=1&t=Information%20about%20the%20Coronavirus#163961\\_20200331035023](https://e-bug.eu/eng_home.aspx?cc=eng&ss=1&t=Information%20about%20the%20Coronavirus#163961_20200331035023)

#### 5. PSHE Home Learning Resources

<https://www.pshe-association.org.uk/content/home-learning-resources>

#### Media

##### **Government must now strengthen free school meal guidance, say charities**

The Children's Food Campaign and other charities are calling on Gavin Williamson, Secretary of State for Education, to address continued insecurity over free school meals for vulnerable children during this lockdown period

[https://www.sustainweb.org/news/mar20\\_schoolmeals/](https://www.sustainweb.org/news/mar20_schoolmeals/)

##### **Coronavirus: Free school meals children to get food vouchers**

Families with children eligible for free school meals in England will be able to claim weekly shopping vouchers while schools are closed due to the coronavirus outbreak, say ministers.

<https://www.bbc.co.uk/news/uk-52098076>

##### **The Gruffalo author Julia Donaldson shows her characters social distancing**

The makers of the children's book The Gruffalo have drawn their characters practising social distancing to help children understand the regulations.

<https://www.bbc.co.uk/news/entertainment-arts-52149055>

##### **BBC offers biggest online education push 'in its history'**

The BBC will offer daily programmes to help parents and children with schoolwork at home during the lockdown. Starting on 20 April, videos, quizzes, podcasts

<https://www.bbc.co.uk/news/entertainment-arts-52149409>

'It has never been more important to come together and support each other'

<https://www.communitycare.co.uk/2020/03/25/never-important-come-together-support/>

##### **Children's charity frontline workers warn families fear 'going under' during coronavirus outbreak**

<https://www.actionforchildren.org.uk/news-and-blogs/press-releases/2020/march/childrens-charity-frontline-workers-warn-families-fear-going-under-during-coronavirus-outbreak/>

##### **Coronavirus: Further delays to children's food vouchers**

Many families of children eligible for free school meals are having to wait up to a week for supermarket vouchers, despite an upgrade to the website responsible for delivering them.

<https://www.bbc.co.uk/news/education-52283067>

##### **Coronavirus: No date for when schools will reopen**

The education secretary has said he cannot give a date for when English schools will reopen, four weeks after they were shut to curb the spread of coronavirus.

<https://www.bbc.co.uk/news/uk-52332903>

##### **Schools give emergency food to families with nothing to eat**

Some deprived families are running out of food because of delays in receiving free school meal vouchers under the government's scheme in England, say school leaders.

<https://www.bbc.co.uk/news/education-52325332>

**Aldi join Free School Meals**

Aldi joins supermarkets signed up to Government's national voucher scheme

[https://www.gov.uk/government/news/aldi-joins-free-school-meal-voucher-scheme?utm\\_source=7e31365f-0621-42b2-8980-ff87d7f11516&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=immediate](https://www.gov.uk/government/news/aldi-joins-free-school-meal-voucher-scheme?utm_source=7e31365f-0621-42b2-8980-ff87d7f11516&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate)